





RCDC Extreme Summer Camp

Weekly Menu: June 29 – July 3, 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Snack	Cereal & Milk	Nutri-Grain Bar & Milk	Bagels & Cream Cheese & Milk	Chef's Choice	Closed for Independence Day
Lunch On Campus	Cheese Burgers, Peas, Peaches & Milk	Chicken Crisпитos, Corn, Tropical Fruit & Milk	Turkey & Cheese Sandwich, Veggie Straws, Raisins & Milk	Chef's Choice	Closed for Independence Day
Afternoon Snack	Fruit Cups & Sugar-Free Juice	Chocolate Bear Crackers & Sugar-Free Juice	Gardettos & Sugar-Free Juice	Chef's Choice	Closed for Independence Day

Weekly Menu: July 6 – July 10, 2026


	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Snack	Cereal & Milk	Granola Chewy Bar & Milk	French Toast Mini & Milk	Bananas & Milk	Chef's Choice
Lunch On Campus	Beef Sticks, Mashed potatoes, Pineapple & Milk		Salami, Cheese Cubes, Ritz Crackers, Craisins & Milk	Brazil, Ireland, Germany: Chicken Nuggets, Green Beans, Tropical Fruit & Milk	Mexican Fiesta: Chicken Cheese Quesadilla, Corn, Pears & Milk
Off Campus		All classes: Pizza, Chips, Capri Suns		Australia: Other	
Afternoon Snack	Cheddar Chex Mix & Sugar-Free Juice	Jell-O cup & Sugar-Free Juice	Goldfish & Sugar-Free Juice	Mini Pretzels & Sugar-Free Juice	Chef's Choice



RCDC Extreme Summer Camp

Weekly Menu: July 13 – 17, 2026




	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Snack	Cereal & Milk	Muffins & Milk	Blueberries & Milk	Strawberry Chex Mix & Milk	Chef's Choice
Lunch On Campus	Cheese Ravioli, Marinara Sauce, Green beans, peaches & Milk		Ham & Cheese wrap, Cheeto puffs, mandarin oranges & Milk	Ireland, Australia, Germany: Chicken Tenders, Fried Rice, Pineapple & Milk	Chef's Choice
Off Campus		All Classes: Hot Dogs, Chips, fruit snack, Capri Suns		Brazil: Hamburger, Chips, Fruit Snack Capri Sun	
Afternoon Snack	Vanilla wafers & Sugar-Free Juice	Cheese Ritz Bits & Sugar-Free Juice	Animal Crackers & Sugar-Free Juice	Carrot Sticks & Ranch & Sugar-Free Juice	Chef's Choice



RCDC Extreme Summer Camp Weekly Menu: July 20 – 24, 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Snack	Cereal & Milk	To go: Bunny Grahams & Milk	Mixed Fruit Sunrise Blend & Milk	Granola Chewy & Milk	Chef's Choice
Lunch On Campus			Salami, Cheese Cubes, Ritz Crackers, Raisins & Milk		Chef's Choice
Off Campus	All Classes: Pizza, Chips, Fruit snacks, Capri Suns	All classes: Corn Dogs, Chips, Fruit Snack, Capri Sun		All Classes: Other	
Afternoon Snack	Goldfish & Sugar-Free Juice	To go: Gardettos	Goldfish Honey Bun & Sugar-Free Juice	Fruit Cup & Sugar-Free Juice	Chef's Choice