





RCDC Extreme Summer Camp

Weekly Menu: May 25 – 29 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Snack	Closed for Memorial Day	Cereal & Milk	Bagels & Cream Cheese & Milk	Fig Bar & Milk	Chef's Choice
Lunch	Closed for Memorial Day	Cheese Ravioli, Green Beans, Tropical Fruit & Milk	Salami, Cheese, Ritz Crackers, Raisins & Milk	Pork Ribs, Mashed Potatoes, Pineapple Tidbits & Milk	Chef's Choice
Afternoon Snack	Closed for Memorial Day	Ritz Bits Cheese & Sugar-Free Juice	Pudding & Sugar-Free Juice	Red Grapes & Sugar-Free Juice	Chef's Choice

Weekly Menu: June 1-5, 2026


	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Snack	Cereal & Milk	Muffins & Milk	French Toast Mini & Milk	Nutri-Grain Bar & Milk	Chef's Choice
Lunch On Campus	Cheeseburgers, Baked Beans, Mandarin oranges & Milk	Mac N Cheese, California Blend, Peaches & Milk	Turkey & Cheese Wrap, Veggie Straws, Craisins & Milk		Chef's Choice
Off Campus		Ireland: Other		All Classes: Hot Dogs, Chips Fruit Roll up, & Capri Sun	
Afternoon Snack	Gardetto's & Sugar-Free Juice	Jello Cup & Sugar-Free Juice	Bunny Grahams & Sugar-Free Juice	Watermelon & Sugar-Free Juice	Chef's Choice



RCDC Extreme Summer Camp

Weekly Menu: June 8 – 12, 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Snack	Cereal & Milk	Granola Oat Honey Crunch Bar & Milk	Snack Bite Maple Sunrise & Milk	Go-Gurt & Milk	Chef's Choice
Lunch On Campus	Beef & Cheese burrito, Corn, Pineapple tidbits & Milk	Egg Roll Southwest Chicken, Fried Rice, Tropical Fruit & Milk	Ham & Cheese Sandwich, Cheeto Puffs, Pears & Milk		Chef's Choice
Off Campus				All Classes: Corn Dogs, Veggie Straws, Craisins & Capri Sun	
Afternoon Snack	Cheddar Chex Mix & Sugar-Free Juice	Goldfish Honey Buns & Sugar-Free Juice	Animal Crackers & Sugar-Free Juice	Ritz Bits Cheese & Water	Chef's Choice



RCDC Extreme Summer Camp

Weekly Menu: June 15 – 19, 2026




	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Snack	Cereal & Milk	Maple Waffle Graham & Milk	Toasted Raisin Bread & Milk	Fruit Mixed Sunrise & Milk	Donuts with Dad
Lunch On Campus	BBQ meatballs, Green Beans, Pineapple tidbits & Milk	Chicken Nuggets, Carrots, Peaches & Milk	Salami, Cheese cubes, Ritz Crackers, Mandarin Oranges & Milk	Ireland: Salisbury Steak, Corn, Tropical Fruit, & Milk	Chef's Choice
Off Campus				Germany, Australia, Kenya: Ham & Cheese sandwich, Chips, fruit rollup & Capri Sun Brazil: Other	
Afternoon Snack	Chocolate Bear Crackers & Sugar-Free Juice	Fruit Cup & Sugar-Free Juice	Crunch & Crisp Churro Crackers & Sugar Free Juice	Apple Slices & Sugar-Free Juice	Chef's Choice



RCDC Extreme Summer Camp

Weekly Menu: June 22 – 26, 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Snack	Cereal & Milk	Go Gurt & Milk	Strawberries & Milk	Fig Bar & Milk	Chef's Choice
Lunch On Campus	Pork Ribs, Baked Beans, Mandarin Oranges & Milk	Kenya: Beef sticks, Carrots, Tropical Fruit & Milk	Ham & Cheese Wrap, Cheetos, Raisins & Milk	Tacos, corn, Pineapple & Milk	Chef's Choice
Off Campus		Brazil, Ireland, Australia: Cheese Burger, Chips, Fruit Snacks, Capri Sun Germany: Other			
Afternoon Snack	Bunny Grahams & Sugar-Free Juice	Cheese Ritz Bits & Sugar-Free Juice	Sugar Free Pudding & Sugar-Free Juice	Red Grapes & Sugar-Free Juice	Chef's Choice